






CARMEL CLAY SCHOOLS

EDU-CARE MENU



SPRING 2024

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1 	BFAST	Pancakes w/ Syrup *	French Toast Sticks *	Assorted Cereal *	Chicken Biscuit Sandwich	Blueberry Muffin *
	AM SNACK	Fresh Fruit Milk	Trail Mix * Milk	Apple Slices w/ Sunbutter Yogurt Dip Water	Fresh Veggies & Hummus Water	Yogurt Parfait w/ Cereal* Water
	LUNCH	Chicken Smackers w/ Bread* Mashed Potatoes Diced Peaches	Homemade Cheese Quesadilla Refried Beans Pineapple	Fish Sticks w/ Bread * Smiley Potatoes Mandarin Oranges	Personal Pan Pizza * Green Beans Diced Pears	Meatballs w/ Marinara & Garlic Toast Peas & Carrots Sliced Apples
	PM SNACK	Cheese & Crackers* Juice	Banana & Chat Snax Water	Goldfish Crackers * Milk	Applesauce Cups Milk	Chocolate Elf Grahams* Milk
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 2 	BFAST	Mini Waffles *	Yogurt w/ UBR *	Assorted Cereal *	Bagel w/ Jelly	Banana Muffin *
	AM SNACK	Cottage Cheese w/ Pineapple Water	Fresh Fruit Milk	Hummus & Pretzels Water	Goldfish Crackers* Juice	Yogurt Parfait w/ Cereal* Water
	LUNCH	Chicken Nuggets w/ Bread * Steamed Carrots Fresh Fruit	P French Toast Sticks * w/ Sausage Triangle Tater Tots Cinnamon Pears	Pizza Crunchers * w/ Marinara Steamed Broccoli Pineapple	Pasta w/ Meat Sauce & Garlic Toast Green Beans Diced Peaches	Chicken Patty Sandwich * Baked Beans Mandarin Oranges
	PM SNACK	Animal Crackers* Milk	Cheese & Crackers* Juice	Vanilla Wafer Bites * Milk	Applesauce Cups Milk	Cheez-its* Milk
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 3 	BFAST	Pancakes w/ Syrup *	Egg & Cheese Biscuit	Assorted Cereal *	French Toast Sticks *	Blueberry Muffin *
	AM SNACK	Fresh Fruit Milk	Trail Mix* Milk	Cheese & Crackers Milk	Cottage Cheese w/ Pineapple Water	Yogurt Parfait w/ Cereal* Water
	LUNCH	Teriyaki Chicken Rice Bowl * Steamed Broccoli Mandarin Oranges	Macaroni & Cheese * Green Beans Fresh Fruit	Chicken Tenders & Corn Muffin * Steamed Carrots Diced Pears	Cheeseburgers * Smiley Potatoes Diced Peaches	Personal Pan Pizza * Green Peas Applesauce
	PM SNACK	Fresh Veggies & Hummus Water	Cinnamon Bites * Juice	Yogurt Cup & Graham Crackers * Water	Goldfish Crackers * Milk	Strawberry Bar * Milk























Serving Notes:

Milk served daily with breakfast and lunch. Fruit served daily with breakfast.

P
Contains Pork

Whole Grain or Whole Wheat Item

=
Contains Fish or Shellfish

January						February						March						April						May						
	M	T	W	Th	F		M	T	W	Th	F		M	T	W	Th	F		M	T	W	Th	F		M	T	W	Th	F	
	1	2	3	4	5					1	2						1		1	2	3	4	5				1	2	3	
	8	9	10	11	12		5	6	7	8	9		4	5	6	7	8		8	9	10	11	12		6	7	8	9	10	
	15	16	17	18	19		12	13	14	15	16		11	12	13	14	15		15	16	17	18	19		13	14	15	16	17	
	22	23	24	25	26		19	20	21	22	23		18	19	20	21	22		22	23	24	25	26		20	21	22	23	24	
	29	30	31				26	27	28	29			25	26	27	28	29		29	30						27	28	29	30	31

This institution is an equal opportunity provider

Nutrition or allergen question? Visit our website: <https://www.ccs.k12.in.us/services/food-service>

Menu subject to change